(City)

FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB	APP	RO\	/AI

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(State)

(Zip)

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

issuer that is int	e of equity securities o ended to satisfy the nse conditions of Rule Instruction 10.			
1. Name and Addr Carrillo Sab	ress of Reporting Pe	rson*	2. Issuer Name and Ticker or Trading Symbol BLUM HOLDINGS, INC. [ BLMH ]	S. Relationship of Reporting Person(s) to Issuer (Check all applicable)      X Director X 10% Owner
(Last) 11516 DOWN	(First) EY AVE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/19/2025	X Officer (give title Other (specify below) below)  Chief Executive Officer
(Street)  DOWNEY	CA	90241	4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (li	Transaction Disposed Of (Code (Instr.				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	05/19/2025		P		500(1)	A	\$0.83	88,287	D	
Common Stock	05/19/2025		P		1,170(1)	A	\$0.84	89,457	D	
Common Stock	05/20/2025		P		520(1)	A	\$0.82	89,977	D	
Common Stock	05/20/2025		P		420(1)	A	\$0.84	90,397	D	
Common Stock	05/21/2025		P		100(1)	A	\$0.8	90,497	D	
Common Stock	05/21/2025		P		100(1)	A	\$0.84	90,597	D	
Common Stock	05/21/2025		P		200(1)	A	\$0.87	90,797	D	
Common Stock								4,932,154	I	Adnant, LLC <sup>(2)</sup>
Series V Preferred Stock								3,571,429(3)	I	Adnant, LLC <sup>(2)</sup>

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		Derivative Expi		Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Warrants to Purchase Common Stock	\$0.46							12/30/2024	12/31/2027	Common Stock	595,238		595,238	I	Adnant, LLC <sup>(2)</sup>

#### Explanation of Responses:

- 1. Purchase of common stock on the open market pursuant to the Board approval.
- 2. Reporting Person is the CEO and managing member of Adnant, LLC.
- 3. Each share of Series V Preferred Stock is convertible at the option of the holder into 1/3 of a share of Common Stock at any time from and after the first anniversary of the issuance date. Each share of Series V Preferred Stock automatically converts into Common Stock on the fourth anniversary of the issuance date.

/s/ Sabas Carrillo 05/21/2025

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.