UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event reported): March 1, 2024

BLUM HOLDINGS, INC.

(Exact name of registrant as specified in its charter) Delaware 000-56626 93-3735199 (State or other jurisdiction (Commission (IRS Employer of incorporation) File Number) Identification No.) 3242 S. Halladay St., Suite 202 Santa Ana, California 92705 (Address of principal executive offices) (Zip Code) Registrant's telephone number, including area code: (888) 909-5564 Not Applicable (Former name or former address, if changed since last report) Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions: Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) Securities registered pursuant to Section 12(b) of the Act: Indicate by check mark whether the registrant is an emerging growth company as defined in in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter). Emerging growth company \square If an emerging growth company, indicate by checkmark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \square

Item 7.01. Regulation FD Disclosure.

On March 1, 2024, Blum Holdings, Inc. (the "Company") issued a press release to announce the grant of a temporary restraining order against New Patriot Holdings, Inc. A copy of the press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

The information provided under this Item 7.01 of this Current Report on Form 8-K, including Exhibit 99. lattached hereto, is being furnished and shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act except as shall be expressly set forth by specific reference in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit	Description
99.1	Press Release, dated March 1, 2024
104	Cover Page Interactive Data File (embedded within the Inline XBRL Document).
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

BLUM HOLDINGS, INC.

By: /s/ Sabas Carrillo

Sabas Carrillo Chief Executive Officer

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Date: March 4, 2024

People's First Choice, LLC ("Blüm Santa Ana") Granted Temporary Restraining Order Against New Patriot Holdings, Inc.

SANTA ANA, Calif., March 01, 2024 (GLOBE NEWSWIRE) -- Blum Holdings, Inc. (OTCQB: BLMH) (the "Company," "Blüm," "we" or "us"), a cannabis company with operations throughout California, announced today the grant of a Temporary Restraining Order against New Patriot Holdings, Inc. ("New Patriot"), an entity controlled in part by Jay Yadon. Mr. Yadon is also a principal of People's California, LLC, an entity involved in separate litigation with Unrivaled Brands, Inc., a wholly-owned subsidiary of Blüm. Bernard Steimann is the Managing Member of People's California.

The matter involved parking spaces used by Blüm Santa Ana. Blüm Santa Ana's request for a Temporary Restraining Order argued that if New Patriot were allowed to terminate a parking agreement between the parties that Blüm Santa Ana's business would be irreparably harmed and that Blüm Santa Ana was likely to prevail on its claim that New Patriot had breached the agreement by attempting to terminate Blüm Santa Ana's right to access the parking. The court found in Blüm Santa Ana's favor that pending a hearing on a request for preliminary injunctive relief through JAMS, New Patriot, its officers, agents, servants, employees, and attorneys were directed to permit Blüm Santa Ana's exclusive use and access to parking spaces.

Deron Colby of Janus Capital Law Group appeared on behalf of New Patriot. In other matters, Mr. Colby is counsel to Medalist Diversified REIT, Inc.

About Blüm Holdings

Blüm Holdings is a leader in the cannabis sector. Our commitment to quality, innovation, and customer service makes us a trusted name in the cannabis industry, dedicated to shaping its future. Blüm Holdings operates leading dispensaries throughout California as well as several leading company-owned brands including Korova, known for its high potency products across multiple product categories, including the legendary 1000 mg THC Black Bar.

For more info, please visit: https://blumholdings.com.

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